

# Jasper

Post [TPLO](#) OA + shoulder tendonitis + [OA](#) + [chronic pain](#)

Senior Dog Arthritis and Tendinitis Care



12 yr, Male, 68lb lb Shepherd Mix

## History

- Limping x 2 yrs in the right front legs and back legs despite PRP injections elsewhere
- Bilateral knee surgery (TPLO) years ago
- He has become fearful and is not himself
- He is uncomfortable with play and walks
- It is painful to get up and down
- [CBPI](#) Pain severity score by owner: 7
- [CBPI](#) Pain interfering with mobility: 7

## Exam

- [Maladaptive pain](#) - fearful of touch
- Atrophy of the hip and thigh muscles
- Super stiff lumbar spine muscles

- Limping in both front legs
- Painful to sit square over rear end

## Diagnostics/Treatment

- Elbow, shoulder, hip, stifle + spine xrays
- Diagnostic Ultrasound shoulders
- Shoulder Joint injections with [SynamidTM](#)
- Hip, stifle, elbow injections with [SpryngTM](#)
- Shockwave [shoulder](#) for flexibility and to stimulate healing + [spine](#), [hip](#), and stifles
- [Acupuncture](#) and chiropractic care
- 1-2x weekly [rehabilitation therapy](#) x 4 mos
- Home laser therapy with [My Pet Laser](#)

## Outcome and Timeline to Recovery

Jasper desperately needed control of his [chronic pain](#) to get any physical healing done. [Finally](#), he is no longer limping and we have reduced his medications to a minimum.

- [CBPI](#) Pain severity per owner: 1/10
- [CBPI](#) Interference score: 2/10

He comes to rehab to maintain his flexibility and for special exercise to maintain strength and for regular acupuncture for his back pain.

## Maintenance Plan

Jasper will need regular exercises that his family does for the most part, plus shockwave every 6 months and joint injections every 1-2 years to maintain this level of comfort.

He takes [Adequan](#) and [Caneva](#) and [Flexadin Adv](#) supplements for her tendon health and joint health and [Galliprant](#) for his back pain.

See more dogs @ Dr. Marie's Healthy Dogs [Facebook](#) and [website](#).